

**S.S.P.M. GURUKRUPA COLLEGE OF EDUCATION AND
RESEARCH, KALYAN**

NAME: Ms. Grenil Maxie Menezes

SUBJECT: Guidance and Counselling

TOPIC: Definition and Characteristics of Counselling

CLASS: B.Ed

DATE : 27 Jan'21

TIMING: 03:10p.m-03:50p.m

**Topic and
Subject**

**Definition and Characteristics of
Counselling**

**Objectives
of the
session**

- To apply previous knowledge to define Counselling
- To understand the characteristics of Counselling.
- To be able to solve an acronym for the steps involved in counselling
- To revise the concepts learnt on Padlet app.

**Previous
knowledge**

Students have a general idea of counselling.

**Learning
outcome**

Students will be able to define Counselling and tell few characteristics of counselling.

**Learning
experience**

Student will be able to apply their understanding during the assignment in the class and give inputs during the revision session on Padlet.

Resources	PPT, Video, Link Used on Padlet for revision.
Teaching aids used	Powerpoint presentation, video, Padlet app
Methods used for explanation	Deductive method of explanation, discussion, question answers, video based , correlation to other branches
Instructional strategies	<p>Introduction</p> <p>Discussion on previous knowledge</p> <p>Defining Counselling</p> <p>Logical reasoning example to explain characteristics</p> <p>Explanation</p> <p>Ending with a video a revision session on Padlet.</p>
Flow of events	<ol style="list-style-type: none"> 1) Teacher shows a video and leads the class to the topic- Counselling 2) Teacher defines counselling 3) With the help of ppt and pictures used, teacher explains characteristics of Counselling with deducing method. 4) Stages of counselling are explained with an activity. 5) Topics taught are revised together on Padlet app. The link for the Padlet question is given below. https://padlet.com/grenilmenezes/45ypahfhu8d9sv28
Reference	<p>https://www.oerafrica.org/FTPFolder/Website%20Materials/Health/KCN-Health-OER/Unit3/002.html</p> <p>http://egyankosh.ac.in/bitstream/123456789/21206/1/Unit-1.pdf</p>

