



**Assignment:** Teacher asks the question on discussed topic.

## Blackboard Writing

**Class:** VII

**Date:** 16/2/21

**Sub:** Science

**Topic:** Nutrition in animals

### STEPS IN NUTRITION:

- (1) Ingestion
- (2) Digestion
- (3) Absorption
- (4) Assimilation
- (5) Egestion

## Observers Remarks:

Sign of Guide:

Sign of Observer:

**REFLECTION:** Since the last lecture went with mistakes, I had decided myself that I would give my best this time. I prepared my ppt & lesson thoroughly and was ready for my turn. After my lesson, sir stopped and asked everyone to give me applause as the lecture were delivered brilliantly.